



# โรงเรียนอาทิตยน์วดแผนไทย

## SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

**Dedicated workshops at Sunshine Massage School**

## **Abdominal Chi Massage II**

### **Chi Nei Tsang II workshop with Doris Kolling**

#### **This 5-day course is about**

Deepening the understanding of visceral and emotional detoxification of the organs.

#### **This course will focus on**

- Releasing and improving the function of the vascular system.
- Improving circulation, directing blood flow to the organs, correlating the individual pulses.
- Relieving lower back pain more effectively through deep psoas work.
- Clearing and flushing the lymphatic system in the body by working on the lymph glands and lymph pathways.
- A deeper more comprehensive lung treatment as in asthmatic massage.
- Detoxifying the reproductive organs in the lower abdominal area by focusing on the vascular system.



This level two courses can contribute to the prevention of heart attacks and stroke. Immediate improvement in blood flow throughout the body will benefit all organs of the body and improve their function.

This course is only open to students already experienced in Chi Nei Tsang level 1

*5 days / 35 hours (30 CE Hours) Baht 12,500.-*

*The course includes half an hour of herbal ball application per day concentrating on the abdomen and the other areas where work is focused. Please bring the course material from the previous course (level 1), otherwise sold separately.*

**12 to 16 February 2018**

**11 to 15 February 2019**

