



# โรงเรียนอาทิตย์นวดแผนไทย

## SUNSHINE MASSAGE SCHOOL

ในความควบคุมของกระทรวงศึกษาธิการ เลขที่ ชม. 01-001/2548

Advanced Thai Massage courses at Sunshine Massage School

## Dancing Thai Massage

### The Art of Transitioning between positions

with Kam Thye Chow



In this workshop, we will focus on the graceful aesthetic movements in the space between massage techniques and postures. Often the difference between a beginner and an advanced practitioner is the ability to flow. Cultivating good transitions creates a better experience for your recipient, and a way for you to conserve energy and increase intuition. You will be introduced to the “4 Pillars” of Thai Yoga Massage: **Meditation, Postures, Rhythmic-rock, and Touch techniques**. This will set a solid foundation on which to build a flowing practice.

You will be able to apply:

- The “4 Pillars” of Thai Yoga massage
- Effortless and **flowing** transitions between postures
- **Contraindications** and safety for the practitioner and client
- **Care for** the client and therapist before, during, and after the massage
- Massage for shoulders, head, back, arms, hands, legs, abdomen, and feet
- One hour of Thai massage techniques and postures

This course is based on Kam Thye Chow’s bestselling book “**Thai Yoga Massage**”.

Everyone with a background in Thai massage is welcome

5 days / 30 CE Hours – Baht 12,500.-

18 to 22 December 2017

